



A Peek into the Dancer's Life

Dance is an art form that demands discipline, endurance and perseverance. Not many people understand the commitment and hard work dancers have to put in to master their craft and pursue their passion. Meet 3 young dancers - a Ballerina, a B-boy and a Latin Dancer, as they share their challenges and obstacles, and how they overcome them.



Discussion #1

Clara, Riz and Emily experienced multiple challenges in their journey when they were pursuing their passion and career in dance.

- ◆ What are the challenges each of these dancers face?
- ◆ Are you presently pursuing a dream? It can be a hobby, a passion, or for a future career which you envision.
 - Can you share with your classmates how is your personal journey in this pursuit of your dream?
 - Did you face any obstacle along the way?
 - Did you manage to overcome the challenge you face?

Discussion #2

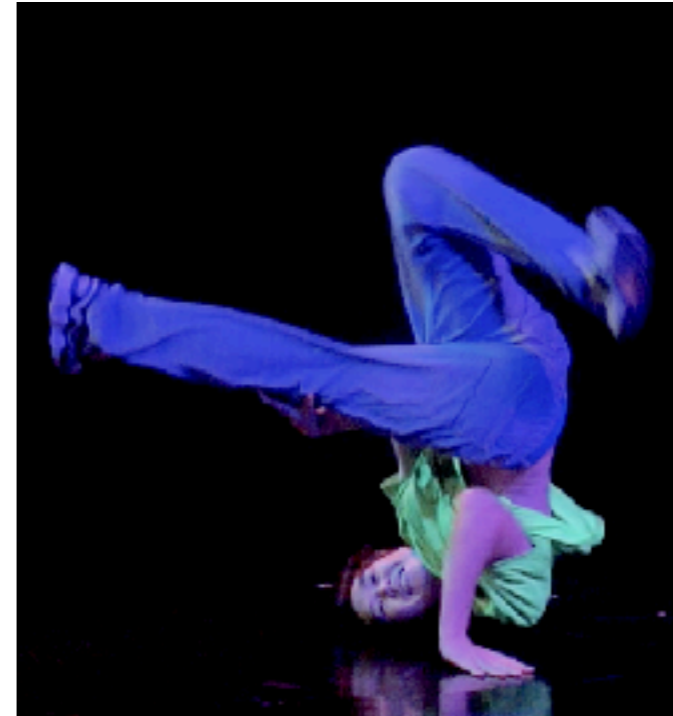
Dance is an art form that requires

Self- confidence

Discipline

Commitment

Perseverance



- ◆ Do you think these attributes are essential in order to realise one's dream and passion? If yes, why are they important?
- ◆ Can you think of some habits/behaviour/mindset which **WILL NOT** be instrumental to achieving one's dream? and why?



Discussion #3

In the performance, 3 genres of dance were being introduced, namely Ballet, Latin dance and Breaking (Breakdance or Hip-hop).

- ◆ Have you encountered any of the featured dance form?
- ◆ If not, have you tried other form/genre of dance or performing arts? E.g. Theatre, Music
- ◆ Can you share your experience with your classmates?



Online Resource

Dance requires dedication, commitment and discipline, in which also allows one to express his/her inner feelings, thoughts and experiences.

If you would like to find out more about dance, our dancers and everything behind-the-scene, visit our blog below where you can access to interviews, quizzes, articles related to dance and theatre.

<https://www.creativetree.com.sg/enrichmentresource/categories/apeekintothedancerslife>



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